

Kawerau Groups and Services for Older People

Updated in January 2017 by the Kawerau Seniors Forum with Kawerau District Council



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0800 HELPLINES

0800 787 797
0800 269 4389
0800 226 237
0800 111 757
0800 654 655
0800 202 122
0800 611 116
0800 543 354
0800 774 545
0800 211 211
0800 842 846

Government Agencies

Child Youth and Family	0508 326459
Housing NZ	0800 801 601
Inland Revenue	0800 221 221
WINZ	0800 559 009

ACCIDENT COMPENSATION CORPORATION (ACC)

Description:

Injury prevention, treatment and compensation following personal injury by accident.

Funding is also provided for counselling under what is called 'sensitive claims' (sexual assault). You and/or your counsellor need only submit an application form.

Physical Address: Cnr Boon Street and The Strand

Whakatane

Phone: (07) 306 0114

0800 101 996

Fax: (07) 306 0101

Website: www.acc.co.nz

Email: elliesisam@acc.co.nz

Hours: Monday – Friday

8am – 5pm, by appointment

Referral system: Self / GP

ACUTE INPATIENT MENTAL HEALTH SERVICE

Description:

An acute inpatient mental health service offering assessment and treatment for people who are experiencing acute mental illness.

Physical Address: Whakatane Hospital

Stewart Street Whakatane

Postal Address: P.O. Box 241

Whakatane 3158

Phone: (07) 308 0780

Fax: (07) 306 0778

Website: www.bobhb.govt.nz

Hours: 24/7

Fees: No cost

Referral system: Entry assessment

Target Group: Adults / Older persons

AGE CONCERN

Description:

Support Services, Information, Advice and Personal Advocacy:

- Responding in person/phone to a range of queries from older people and their carers e.g. advising where to obtain a service, what is available.
- Providing confidential support and empowerment to older people.

Information Resources:

• Providing resources e.g. pamphlets, videos and books.

Social Activities:

• Holding events that provide social connection between older people e.g. drop in centres.

Physical Address: 1333 Eruera Street

Rotorua

Postal Address: P.O. Box 1605

Rotorua 3040

Phone: (07) 347 1539

Fax: (07) 347 1539

Website: www.ageconcern.org.nz

Email: ageconcernrotorua@xtra.co.nz

Hours: Tuesday 9.30 am - 3.30 pm

Wednesday 9.30am - 1.30 pm

Referral system: Self /Other agencies

ALTERNATIVE HEALING GROUP

Description: Holistic healing using a variety of methods.

Address: 8 Ranfurly Court

Kawerau

Phone: (022) 011 9040

Hours: Monday/Thursday/Friday

9.00am - 3.00pm

Contacts: Ron Sue

Malcolm Cook

Fees: Koha

Referral system: Self referral

Target Group: All ages

ALZHEIMERS SOCIETY EASTERN BAY OF PLENTY

Description:

Support, information and provide a service for families and persons affected by Alzheimers.

Assess needs for clients. For example:

- Up to date doctor assessments (GP and community mental health)
- Home care needs
- Day programmes

Monthly social group meetings

Mobility transport scheme.

Address: Unit B and C

Professionals Building

38 Landing Road

Whakatane

Ph / Fax: 308 0525

Email: alzheimerseasternbop@xtra.co.nz

Hours: Tuesday – Friday

9 am - 12 pm

Contact: Kath Shepherd

Referral Process: Self referral

Doctors

Family/Friends

Community Mental Health Occupational Therapists

Support Net (Hospital Social Services)

Home Care Providers

ARTHRITIS FOUNDATION

Description: Arthritis education. Monthly information support group for those who have arthritis.		
Email:	bopsc@athritis.org.nz	
Website:	www.athritis.org.nz	
Address:	c/- Historic Village 17th Avenue West Tauranga	
Postal Address:	PO Box 841 Tauranga	
Fees:	Free	
Hours:	Monday - Friday 9.00am – 1.00pm	
Referral System:	Open drop in centre, phone or email. Arthritis educator direct dial (07) 348 5135	

BAY REHAB

Description:

We deliver community based rehabilitation programs following illness or injury. Covering the wider Bay of Plenty area, our teams are based out of Tauranga, Whakatane, Thames and Rotorua.

Our expertise is multidisciplinary, made up of:

- Physiotherapy
- Occupational therapy
- Speech and language therapy
- Nursing
- Psychology
- Medical assessment
- Neuropsychology
- Dietician
- Social work

Postal Address: P.O Box 14-062

Tauranga

Phone: (07) 543 2161

Fax: (07) 543 2163

Website: www.bayrehab.co.nz

Email: admin@bayrehab.co.nz

Hours: Phone to make an appointment

Fees: Vary Depending on service provided

Referral: Self referral / GP

BIRD CLUB

Description:

The Federation of Bird Clubs was formed in 1932 and is currently based in Christchurch; it provides an umbrella organisation for over 30 clubs spread throughout New Zealand having a combined total membership in excess of 1,100. These clubs have been established for many years with several having been in existence for between 70 and 90 years. The oldest was established 120 years ago. There are also 14 specialist bodies which cater for the different species of birds. The Federation is the governing body and sets the rules for showing and judging at the many shows staged by clubs throughout the country.

Meetings held on the 2nd Tuesday of every month from 7.30pm.

Physical Address: Meeting Venue Knox Church

Whakatane

Postal Address: President

Whakatane Bird Club

David Pawson 118 Otakiri Road

RD2

Whakatane 3192

Phone: (07) 304 6191

Website: www.birdclubs.org.nz/club_whakatane

Email: davidpawson@xtra.co.nz

Contact: Treasurer

J. Arrol

46 Bell Street

Kawerau

(07) 323 7277

BRAIN INJURY ASSOCIATION

Description:

Every day, 90 New Zealanders sustain a brain injury.

Brain injuries are more common than you think, and can happen to anyone at any time.

Sudden knocks to the head through falls, sporting injuries and car crashes can all result in a brain injury. In fact, if you have ever suffered a concussion, no matter how mild, then you have sustained a brain injury.

There are 14 Regional Brain Injury Association offices providing support, education and information services throughout New Zealand.

Postal Address: P.O Box 528

Whakatane

Phone: (07) 307 1447

Fax: (07) 307 0229

Website: www.brain-injury.org.nz

Email: braininjury@drct.co.nz

Hours: 8.00 am to 4.30 pm

Fees: Free

Referral: Self referral / GP

BOWLING CLUB

Description: Bowls and social venue. Open most days for social activities.

Physical Address: Plunket Street

Kawerau

Postal Address: Kawerau Bowling Club Inc.

P.O Box 32 Kawerau

Phone: (07) 323 6144

Hours: Tuesday and Thursday roll up for games

Contacts: President: Kate Bain – 07 323 6456

Secretary: Brian Bell – 07 323 6450

Fees: Full member - \$130

Social member - \$40

Target Group: All



BREASTSCREEN AOTEAROA

Description:

Breast screening

Other Information:

Phone to register. Registered clients are notified of an appointment time. The mobile unit no longer visits Kawerau.

Address: Mobile Screening Unit

Phone: 0800 270 200

Fees: Free for ages 45-69

Target Group: Women of all ages

BRIDGE CLUB

Description:

Bridge and Social

Club plays every Tuesday night from 7pm till 10pm

Also play on Monday afternoons at members' homes, from 1pm to 4.30pm

Contacts: President – Corrie Overdevest 304 9525

Secretary – Derek Moores 323 7039

Email: dereksuem@gmail.com

Fees: \$40 Annual membership

Target Group: Mature

BUDGET ADVISORY SERVICE

Description:

- Helping people to manage their money.
- Supporting families experiencing financial difficulties.
- Budget advice, working on an on-going basis with individuals.
- Debt management advice, works with multiple agencies, re: banks, finance companies along with Work and Income to help clients and helping people to work through SIA and bankruptcy protocols.
- Community education about budgeting (by appointment).

Can do home visits in an emergency only. e.g.: clients getting power switched off.

Physical Address: 12 Ranfurly Court

Kawerau

Postal Address: Budget Advisory Service (Rangitaiki) Inc.

P.O. Box 26 Kawerau

Phone: 0508 283 438

Fax: (07) 323 6653

Email: budgetservicerangitaiki@xtra.co.nz

Hours: Tuesday 9.30 am - 3.30 pm

Wednesday 9.30am - 1.30 pm

Contacts: Doug (07) 304 8471

Referral system: Self /Other agencies

CANCER SOCIETY SUPPORT GROUP

Description:

Improving community wellbeing by reducing the incidence and impact of cancer.

The Cancer Society is committed to working with our communities by providing leadership and advocacy in cancer control, with core services in:

- Health Promotion
- Support
- Information and Resources
- Research.

The Cancer Society of New Zealand is a non-government organisation reliant on community support and donations.

Postal Address: National Office

Cancer Society of New Zealand

PO Box 12700 Wellington 6144

Phone: (07) 349 4556

0800 22 77 44

Website: www.cancernz.org.nz

Email: admin@cancersociety.org.nz

Referral System: Open entry

Target Group: All the community

CARDIAC SUPPORT GROUP

Description:

The Whakatane Cardiac Support Group is a social support group, meeting informally for social occasions.

Meetings generally held on Sundays.

Physical Address: 100/2 Domain Road

Whakatane 3120

Phone: (07) 308 4780

Website: www.bopwebhealth.co.nz

Hours: Phone to make an appointment

Fees: No cost

Referral: Self referral

CHURCHES

Anglican Church

St. Margarets
Galway St
KAWERAU
Sunday 9.00am
Ph: 323 7822

Catholic Church

St Gerard's Onslow Street KAWERAU Saturday 5.30pm Ph: 323 8384

Jehovah's Witness

125 Valley Road KAWERAU Times and Days vary Ph: 323 8627

Kawerau Christian Fellowship

24 Hardie Avenue KAWERAU Sunday 9.30am and 6.00pm Ph 323 7848

Kawerau Presbyterian Church

Onslow Street KAWERAU Sunday 9.30am Ph: 323 8790

New Nation Church

Concert Chambers Ranfurly Court KAWERAU Sunday 10.00am Ph: (021) 597 556

Maranatha Fellowship

Lutheran Church Cnr Newall and KAWERAU Saturday10.00am Ph: 323 8332

Kawerau Lutheran Church

256 River Road KAWERAU Sunday 11.30am Ph: (07) 307 9220

Kawerau Bible Chapel

Cnr Grey and Onslow s St KAWERAU Sunday 10.00am Ph 323 6367

House of Hope -Assembly of God

Tamarangi Drive KAWERAU Sunday 10.00am and 6.00pm Ph: 323 8003

CITIZENS ADVICE BUREAU

Description:

- Free, confidential information and referral service.
- Justice of the Peace on Thursdays.
- Legal Clinics, where to go for guidance and help with your rights.

Physical Address: 21 Boon Street

Whakatane

3120

Phone: (07) 3085609

0800 367 222

Fax: (07) 307 0138

Website: www.cab.org.nz

Email: cab.whk@xtra.co.nz

Hours: Monday – Friday

9.00am - 4.30pm

Saturdays 10am -12pm

Referral System: Open entry

Target Group: All the community

COMMUNITY MENTAL HEALTH and ADDICTION SERVICE

Description:

Psychiatrists, Acute Crisis Workers, Mental Health Nurses, Psychologists, Social Workers, Maternal Mental Health Nurse / Counsellors, Methadone Counsellors, Maori Mental Health Support, Alcohol and Drug Assessments, Counselling, Treatment plans. Facilitate access to residential Rehabs, other relevant referrals to appropriate agencies, community, workshops and education. Ongoing support for chronic mental health cases and assessments for elderly dementia and mental illnesses.

Physical Address: Level 2 Commerce Plaza

Commerce Street

Whakatane

Postal Address: P.O Box 241

Whakatane 3158

Phone: (07) 306 0154

Fax: (07) 308 9675

Website: www.addictionshelp.org.nz

Hours: Monday – Friday

8am - 4.30pm

Referral: Self referral or G.P

24 Crisis Line: 0800 774 545

(For attempting suicide or [psychotic behavior)

COMMUNITY PATROL

Description:

The group patrols the town at night, acting as the eyes and ears for the police. Patrols check right round the town, including the CBD, clubrooms, parks and notified homes of people who are away.

Patrols are not responsible for engaging with anyone who may be acting suspiciously, but to notify the police only.

People who are going away can access nightly patrols of their home by notifying the Kawerau Police.

Members also monitor Council CCTV footage of the town centre.

The Kawerau group is affiliated to Community Patrols of New Zealand. Meetings are held at 7.30 p.m. on the 2nd Wednesday of the month. All welcome.

Postal Address: Kawerau Community Patrol

C/- Kawerau Police Station

Islington Street

Kawerau

Contacts: Robyn Romley, ph 323 8274

Russ Torrie, ph 323 7419

COFFIN CLUB

Description:

You will be able to make and personalise your own coffin.

Physical Address: Kawerau Life Konnect premises (formerly Kawerau

Intermediate School)
Top end of River Road

Kawerau

Phone: Harry 323 6898

Graham 323 6281

Hours: Meet every Wednesday morning from 8.30 a.m. to

12.30 p.m. at Kawerau Life Konnect.

COSMOPOLITAN CLUB

Description:

Entertainment and restaurant facilities.

Snooker, eight ball tables and darts.

Meat raffles and membership draws.

Physical Address: Kawerau Cosmopolitan Club

107-109 Onslow Street

Kawerau

Phone: (07) 323 7132

Fax: (07) 323 7745

Email: kaweraucossie@xtra.co.nz

Website: www.kaweraucossie.co.nz

Hours: Monday/Tuesday/Thursday 12 midday – 8pm

Wednesday/Friday/Saturday 11am – 1 am

Sunday 1pm – 9pm

Restaurant: Dinner 6pm – 8pm Wed, Fri and weekends with

bookings

Lunch 12pm – 2pm Tuesdays, or by arrangement

Courtesy Van: Daily during opening hours

Ph. 021 0876 6383

Fees: Sub \$30 per annum

COTTAGE CRAFT

Contacts: Sonia Cumming, President

Phone: 323 9228

Meeting Frequency: 1st and 3rd Tuesday 9.30 – 11.30 am

Meeting Location: Masonic Hall, Onslow Street

Membership Fees: \$15 per year plus \$2 per meeting

Target Group: All welcome

Description: An opportunity to learn, practice and share skills in any

kind of hand craft.



DENTAL TECHNICIAN

Description:

Registered dental technician providing appointments for denture and dental services. Costs will vary depending on the work carried out. Services include:

- Consultations
- Quotes
- Repairs
- Relines
- Partials
- Dentures
- Hygienists

Company Name: Fairy Dentures

Physical Address: 5B Liverpool Street

Kawerau 3127

Phone: (07) 323 8555

Hours: Monday – Friday

9.00am - 5.00pm

Specific: Dental technician with specialty training in advanced

restorative dentistry and implant dentistry.

DIABETES NEW ZEALAND

Description:

Diabetes New Zealand is a national charity that represents people with diabetes.

Our vision is that all people with diabetes in New Zealand are the best managed in the world and have the best access to health care.

Diabetes New Zealand and its affiliated societies offer support and education for people with diabetes.

Postal Address: c/- PO Box 12441

Wellington

Phone: Margaret Marks, EBOP Branch (07) 307 1578 or

National Office 0800 369 636

Fee: Membership \$20

DIABETES NURSE/EDUCATOR

Description:

Help, support and information for diabetes sufferers.

Physical Address: Kawerau Heartlands Centre

KEA Building 60 Onslow Street KAWERAU

Phone: (07) 323 1132

Hours: Second Monday of the month

Contact: Jo Brown

Referral system: Referral from GP or hospital

Target Group: Diabetes sufferers

DIETITIANS

Description: Provided as part of the Eastern BOP Primary Health Alliance, two dietitians are available for appointments at the Kawerau Heartlands Centre.

Physical Address: Kawerau Heartlands

60 Onslow Street

Kawerau

Postal Address: P.O Box 119

Kawerau 3169

Phone: (07) 323 1132

(07) 306 2324

Website: www.ebpha.org.nz

Email: info@ebpha.org.nz

Hours: Dietitian 1: 9.30 am to 4.00 pm every second Thursday

Dietitian 2: 10.00 am to 3.00 pm (3 monthly clinic)

Target Group: All ages

DISABILITY AIDS - UP-2-DATE

Description:

Up-2-Date is a consultancy service and online shop focused on the needs of the disability sector in New Zealand

Here you can purchase a wide range of disability aids like wheelchairs and walkers, mobility and recreational tools, exercise and therapy equipment, plus a huge range of daily living aids that allow you to live life to the fullest.

You'll find an online community and services and support groups near you. Find out about education, recreation, sport, travel and more – all presented with the disabled community in mind.

Up2date's expert consultancy team provides organisations with disability awareness training and service reviews.

Postal Address: 2d Appenzell Drive

Whakatane 3128

Phone: (07) 307 9101

(021) 321 213

Website: www.up2date.co.nz

Email: bev@up2date.co.nz

Hours: Monday – Friday

10am - 4.30pm

Saturday 10am – 1pm

Target: All

DISABILITIES RESOURCE CENTRE TRIST

Description:

Provides a range of health, well-being and support services catering for people with a huge range and level of disabilities. Also offering fully-equipped conference facilities for use by the entire community.

Today, the Disabilities Resource Centre Trust is a Charitable Trust and operates with a General Manager and teams consisting of Home Care Services, Community Services, Advocacy, Information and Administration.

Physical Address: 141 – 143 King Street

Whakatane

Postal Address: PO Box 528

Whakatane

Phone: (07) 307 1447

0800 227 363

Fax: (07) 307 0229

Email: drct@drct.co.nz

Hours: Monday - Friday

9.00am - 5.00pm

Contacts: Vicki Anderson

Fees: Some hire charges for equipment.

Referral system: Doctors, hospitals, other medical agencies

Target Group: People with disabilities and their families

DISTRICT NURSING SERVICE

Description:

District nurses provide specialised care/treatment for patients and families in their own homes, if housebound due to their medical condition, or in a clinic run by district nurses.

District nurses will coordinate patient care, from admission to the service, until they transfer care back to the GP practice. District nurses work closely with the patient and their health team to ensure the patient receives the best possible care.

Services include:

- specialist wound care
- intravenous therapy
- specialist services
- ostomy
- continence
- medication management for rheumatic fever patients
- short term nursing services following an acute injury

Physical Address: Heartlands Centre

KEA Building 60 Onslow Street

Kawerau

Postal Address: Whakatane Hospital

PO Box 241

Whakatane 3158

Phone: (07) 323 1132

Fax: (07) 323 8217

Website: www.bopdhb.govt.nz

Hours: Monday – Friday

8.30am - 3.30pm

Contact: Maria Dawson

Referral: GP/Hospital

EPILEPSY NZ (BOP)

Description:

Offers information, education and support to people (family/whanau), carers, schools and/or colleagues) living with epilepsy.

- We aim for living a fulfilling life with epilepsy.
- Educational services for professionals who work with people with epilepsy such as ambulance service staff, police, nurses and teachers
- Community awareness through speaking engagements in community groups including service clubs, workplaces, school and recreational clubs
- Information and support services, both face-to-face and over the phone
- Educational programmes to increase the understanding of a person with epilepsy, their family and friends
- Local branches offering various types of support and social groups
- Seizure management planning that provides strategies to help the person with epilepsy gain control of their seizures and build confidence

Physical Address: Community House 1115 Haupapa Street

Rotorua 3010

Postal Address: PO Box 1775

Rotorua

Phone: 0800 202 122

(07) 346 3912

Fax: (07) 346 3912

Website: <u>www.epilepsy.org.nz</u>

Email: rotorua.easternbay@epilepsy.org.nz

Hours: Monday – Thursday

 $9.00 \, \text{am} - 4.00 \, \text{pm}$

Referral System: GP

Other agencies

FOODBANK

Description:

As well as food items, the food bank also accepts donations of furniture to give to needy families. The House of Hope also has a fully equipped disability bathroom which caters for people who do not have appropriate facilities at home and is open to anyone with a disability who lives in Kawerau.

Location: Kawerau House of Hope

Tamarangi Drive

Postal Address: Kawerau Foodbank

24 Syme Crescent

Kawerau 3127

Phone: 323 8711

323 8003 (church)

Email: saintpaulsharon@xtra.co.nz

Hours: Food Bank: Wednesday 10.00am – 1.00pm

Soup Kitchen: Friday 11.00am – 1.00pm

Fees: N/A

Referral System: Self referral for first request, Budget Advisory Service

referral thereafter. Preferably make referral by Tuesday

for the Wednesday.

GOLF and SQUASH CLUB

Description: Golf and squash activities and facilities.

Club Days Men – Saturday tee-off from 9.00am

Women – Sunday tee-off 9.00am - 9.30am

Ladies Wednesday Tee-off 9.00am – 9.30am

Physical Address: 82 Cobham Drive

Kawerau

Postal Address: Kawerau Golf and Squash Club

PO Box 82 Kawerau

Phone: (07) 323 7095

Email: kaweraugolf@xtra.co.nz

Contacts: Secretary: Raina Hiki

President: Andrew Anderson (027) 242 0850

Club Manager: Owen Enright (07) 323 6005

Men's Club Captain: Lionel Bellas

Ladies Club Captain: Helen Bentley (07) 323 7742

Fees: 18 hole green fees (casual round) - \$15

Golf Club Membership

\$989 - Couple

\$556 - Full membership

\$458 - Pensioner

\$252 - 9 hole membership \$200 – New Member

Squash Club Membership - \$50 each plus \$25 for a key

Target Group: All Ages

GRANDPARENTS RAISING GRANDCHILDREN

Description:

A non-profit Charitable Trust, based in New Zealand, established to support Grandparents/kin who are raising Grandchildren/whanau children.

Mission

To pProvide support services that help to reduce stress, promote and preserve the wellbeing of families/whanau and maximise stability in the lives of grandparents, kin carers and children in circumstances where the children are not being raised by their parents

Aims

- Provide support to grandparents/kin who are primary caregivers.
- Provide opportunity for grandchildren/kin to interact with others in the same situation.
- Raise awareness as to the role of the grandparents/kin in the primary care giving role.
- Undertake research to establish the depth of grandparents/kin in the primary caregiver role in New Zealand and respond accordingly.
- Facilitate change in the legal and regulatory environment for children and care.

Postal Address: P.O Box 834-892

Birkenhead Auckland 0742

Phone: (09) 480 6530

0800 472 637 ext 1

Website: www.raisinggrandchildren.org.nz

Email: <u>office@grg.org.nz</u>

Hours: 9am – 2.30pm

Referral: N/A

Target Group: Grandparents who are raising grandchildren

GREYPOWER

Description:

- Social forum for expressing concerns of older people
- Medium for contributing to national body
- National body to lobby government
- Monthly meetings second Friday of the month starting 1.30 pm

Call for meeting information.

Postal Address: Kawerau GreyPower

P.O Box 209 Kawerau 3169

Email: ktown.gpr@gmail.com

Contacts: President:- Brian Dent 022 381 0662

Secretary:- Alison Marshall (07) 323 8815

Membership Registrar: - Carol Marjoribanks (07) 323 8256

Fees: Single \$15.00

Double \$25.00

Members receive a bi-monthly newsletter and can join Pulse Grey Power Electricity.

Target Group: 50 + years

HEALTH AND DISABILITY ADVOCACY

Description:

Help people resolve issues with, or complaints about, a health or disability service provider.

Provide rights information through education and promotion and can act on the instructions of the consumer if requested.

They can help you know more about your rights when using health and disability services, find answers or make a complaint, we can help you to find an independent advocate.

Independent advocates offer education and training for anyone about consumer rights and provider duties.

Home visits can be made.

Postal Address: P.O Box 5013

ROTORUA 3044

Phone: (07) 307 0646

0800 555 050

Website: www.advocacy.hdc.org.nz

Email: advocacy@hdc.org.nz

Contact: Bronwen Scott

Fees: This service is free, independent and confidential

Referral: N/A

Target Group: All ages who may require support regarding a health

provider

HEALTHCARE NZ - TE WHIRINGA ORA

Description:

Te Whiringa Ora service is about empowering people with long-term conditions to enjoy a higher quality of life and greater wellbeing, by:

- extending the vital role of general practice and hospital care into the home
- supporting people to access the right service at the right time
- enabling people to better understand and manage their condition.

The service works in partnership with a diverse range of local health and social services to connect each community's existing health resources and to reduce the number of unplanned hospital admissions.

Case managers (who are registered nurses) work alongside the person involved and their family/whānau to complete a thorough assessment, develop a holistic care plan and to ensure coordinated access to the services they need.

Additional one-on-one support, education and guidance are provided by specially trained health coordinators, enabling people to actively manage their condition.

Physical Address: 1ST Floor

Concordia House

17 Pyne Street, Whakatane

Postal Address: P.O Box 545

Whakatane 3158

Phone: (07) 308 5104

Website: www.tewhiringaora.co.nz

Email: two.office@healthcare.co.nz

Hours: Monday – Friday

8am - 4.30pm

Referral: Open Entry/Self referral

Target Group: Patients with complex and chronic needs who have the highest hospital admission rates (top 5%) – especially those with chronic obstructive pulmonary disease

HEALTHRIGHT (OUTREACH SERVICE)

Description:

We develop an individual Care Plan with agreed goals and expected outcomes. Our service is designed to extend the responsiveness and range of existing services for chronic care management alongside GP practices and other services (through home visiting and community based clinics).

We support people who have diabetes, respiratory disease, cardio vascular disease and those with related mental health concerns. The purpose of the service is to enable a person and whanau to better understand and manage their health to ensure a better quality of life.

Physical Address: 117a Onslow Street

Kawerau

Phone: (07) 323 4180

(07) 323 9124

Fax: (07) 323 6019

Email: eastbay.office@healthcarenz.co.nz

Hours: Mon-Fri

8.30am-5.00pm

Referral: GP only

HEARTLANDS CENTRE

Description: Heartland Services is a government funded interagency initiative. Established in 2001, it provides local access to Government services. Coordination of out-of-town services to improve access for locals, One Stop Shop, Information and Resources, Meeting Rooms, Admin Services.

Permanent Partners available:

- Eastbay REAP
- SKKIPP (Safer Kawerau Kids Injury Prevention Project)
- Pacific Health
- Plunket
- PAFT (Parents As First Teachers)

Visiting Government and Social Services Agencies:

- Adult and youth counsellors
- Adult Literacy
- Baywide Law Services
- Before school nurse
- Careers Services

- Community Mental Health
- CYFS
- Inland Revenue
- Problem Gambling
- Whakatane Audiology

Address: 60 Onslow Street

Kawerau 3169

Phone: (07) 323 8608

Fax: (07) 323 8607

Website: www.heartlandservices.govt.nz

Contact: Co-ordinator

Hours: Monday – Friday 8.30am – 4.30pm

Referral: Walk in – self referral

Other agencies

HEPATITIS FOUNDATION

Description:

We are a charitable trust promoting positive health outcomes to the people of New Zealand through education and research into viral hepatitis and early detection and long-term follow-up of chronic hepatitis B and C.

Find out everything you need to know about hepatitis B and hepatitis C, what they are, how they are transmitted, vaccinations, sexual transmission, what happens after infection and more..

Postal Address: P.O Box 647

Whakatane

Phone: (07) 307 1259

0800 332 010

Fax: (07) 307 1266

Website: www.hepfoundation.org.nz

Email: info@hfnz.nz

Target: All

HOSPICE EBOP

Description:

Hospice EBOP has been providing the best possible specialist palliative care nursing service, free-of-charge, to patients with a life-limiting illness and their family/whanau for the past 25 years throughout the Eastern Bay of Plenty district.

Our community-based care is provided mainly in the patient's own home, by registered nurses who are on call 24/7. We work closely with doctors, hospitals, pharmacists and families in a culturally appropriate manner, to ensure patients and their families can cope with the stress and anxiety of their terminal illness.

Hospice EBOP also provides:

- Grief and Bereavement Counselling and Support groups
- Specialist Loan Equipment
- Volunteers for Patient / Family Support
- Day Stay programme once per week on Thursdays
- Biography Service
- Coordination of palliative beds in local rest home for respite or end-stage care

Physical Address: 39 Goulstone Road

Whakatane 3120

Postal Address: P.O Box 275

Whakatane 3158

Phone: (07) 307 2244

Fax: (07) 307 8057

Website: www.hospiceebop.org.nz

Email: info@hospiceebop.org.nz

Referral system: Doctor / Hospital / Healthcare Provider

Target Group: Terminally ill patients and their families

INCONTINENCE NURSE/EDUCATOR

Description:

The service is provided by Whakatane DHB (Hospital) and holds a Clinic every 2nd Wednesday at Heartlands.

Physical Address: Kawerau Heartlands

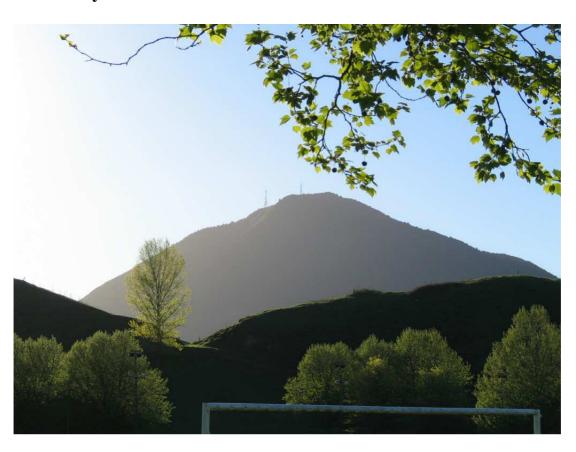
KEA Building 60 Onslow Street

Kawerau

Phone: (07) 306 0729

Contacts: Nurse/Educator Liz Panayiotou

Referral system: GP referral



INDIVIDUALISED FUNDING - MANAWANUI

Description:

Individualised Funding (IF) is a payment mechanism for disability supports. It is based on a philosophy of person centred control, in which people should be empowered and enabled to live ordinary lives and have control and choice over that life. IF can give a person more choice, portability, control and flexibility as they decide how, when, and who provides their support. Not everyone can receive IF there are certain eligibility criteria. You need to be assessed by your Needs Assessment and Service Co-ordination (NASC) Agency. You can find out more about them on their website, or feel free to contact them with specific queries.

What is Individualised Funding?

Individualised Funding is money paid by the Ministry of Health to someone assessed by a Needs Assessment and Service Coordination (NASC) Agency, as needing disability supports or services. This money is used to purchase the supports and services needed. Individualised Funding gives people more choice, freedom, control and flexibility over how, when, and who provides their supports. The Ministry of Health contracts with Manawanui to provide Individualised Funding which covers disability support services for household management and personal care hours under Home and Community Support Services – a subsection of Disability Support Services.

Manawanui will assist people to manage their funds. This can range from simply choosing caregivers and service delivery plans to employing their own care providers, managing the payment for services of these providers and managing all aspects of their service delivery. These arrangements allow the person increased choice and control over how and when they use their allocated money and who provides them with support.

Postal Address: PO Box 83, Albany Village

Phone: 0508 432 622

027 280 8925

Fax: (09) 444 8439

Website: www.incharge.org.nz

Hours: Monday – Friday, 9am – 4.30pm

Contact: Maria Johnson (Coach for the Bay of Plenty region)

KAWERAU AND DISTRICTS AGEING IN PLACE (KADAP)

Description: A charitable trust established to provide access to services to meet the needs of Kawerau's older residents who want to remain in the own homes with safety and dignity as they age.

Contact Person: Helen Stewart

Physical Address: KEA Building

60 Onslow Street KAWERAU 3127

Postal Address: PO Box 119

KAWERAU 3169

Phone: 323 4157

Fax: 323 7966

Website: www.kawerau.org.nz/community -and-living

Membership: Individual \$1.00 per week

Household \$1.50 per week

Target Group: People aged 65 and over and those with disabilities

KAWERAU EX ROYAL NAVAL MEN'S ASSN

Description: Social. The Royal New Zealand Naval Association is a non-profit organisation working for, and on behalf of its members. The organisation is run by an executive committee and is totally voluntary.

Objects of the Royal New Zealand Naval Association:

- To uphold the Comradeship that began in the Navy.
- To foster good fellowship.
- To render service to one another.
- To encourage and promote social gatherings amongst our members.
- To contribute to charities devoted to the welfare of former naval personnel.
- To abide by all lawful means, encourage and protect the interest of our members.
- To co-operate, support or assist any person or group of persons, firm, company, body corporate or society in achieving any of the objectives of the Association.
- To affiliate with or become a member of any society whether in New Zealand or elsewhere, having the objects wholly or in part to the objectives of our Association.
- To support the Royal New Zealand Navy in any way possible

Physical Address: 115 Onslow Street

Kawerau

Phone: Office: (07) 323 9017

Bar: (07) 323 9098

Website: www.rnzna.org.nz

KEEP KAWERAU BEAUTIFUL

Description: A voluntary group dedicated to the beautification of Kawerau. Affiliated to Keep NZ Beautiful.

Physical Address: Meet at Kawerau District Council

Committee Room Ranfurly Court

Kawerau

Postal Address: 35 Ward St

Kawerau

Phone: (07) 323 7467

Website: www.knzb.org.nz

Email: glenpete01@xtra.co.nz

Contacts: Secretary – Glennis Jensen

Hours: Meets on the 2nd Wednesday of every month at 9.00am.

Target Group: All ages

MASONIC LODGE

Description: Service organisation which aims to do a lot for charity and fund

raising for the local community.

Rooms available for hire.

Physical Address: 111 Onslow Street

Kawerau

Postal Address: Kawerau Masonic Lodge

Colin Wilde Secretary Paul Road

RD2, WHAKATANE

Phone: (07) 323 7881

Email: peter.jude@clear.net.nz

Hours: Meetings 1st Monday of each month

Starting at 7.30 p.m.

Contact: Peter Cave (07) 323 7881

Room hire: Bill Tripp (07) 323 6278

Target Group: Men only. Must be over 21 years old

MEALS ON WHEELS

Description:

Hot or frozen two course meals available from Monday to Friday which can be bought over the counter or delivered.

Prices

	\$		\$
Small	6.00	Dessert	5.50
Medium	8.00	Delivery	2.00

To order

Come in Knives and Forks Café and Catering

21 Jellicoe Court KAWERAU

Phone 323 7709

Email knivesandforkscatering@yahoo.com

Visit Our facebook page



MEDICAL CENTRE – (Kawerau)

Description A general practice with doctors, nurses and attached

pharmacy.

Physical Address: 26 Islington Street

Kawerau

Phone: (07) 323 6249

Fax: (07) 323 6349

Office Hours: Monday to Friday 7.00am-4.00pm

Closed between 12.00pm-1.00pm daily

Referral process: New patients can enrol with the practice and have their

medical records transferred from their previous doctor.

MEDICAL CENTRE (Tarawera)

Description:

Tarawera Medical Centre is a general practice located in Kawerau with a happy friendly team delivering medical care to the Kawerau community.

Physical Address: 104 Onslow Street

Kawerau

Phone: (07) 323 8499

Fax: (07) 323 7540

Website:

www.bop.webhealth.co.nz/provider/service/view/2733429/

Hours: Monday – Friday

8.00am - 6.00pm

Costs: Vary depending on service provided

Referral process: Walk in / self referral

MEDLAB – MEDICAL LABORATORY

Description: Medlab provide a comprehensive community laboratory service to customers in Kawerau on referral from a GP.

Physical Address: 102 Onslow Street

Kawerau 3127

Postal Address: P.O Box 130

Seventh Street Tauranga 3140

Phone: (07) 323 8487

(07) 323 1020

Website: http://www.medlab.co.nz

Hours: Monday – Friday

8.00 am - 2.30 pm

Fees: Usually free to the patient

Referral process: GP Only

MENZ SHED

Description: The Kawerau Menz Shed is for those with time on their hands who would like to:

- get into projects in and around Kawerau and socialise on a regular basis with a cuppa
- help those in our community who are unable to do repair work themselves, without competing with contractors
- establish relationships with other Kawerau organisations such as Neighbourhoods of Healthy Homes and the Waterwheel Trust, to further develop their skills and awareness.

Physical Address: Behind KEA Building

60 Onslow Street

Kawerau

Phone: (07) 323 7144

Hours: Every Monday from 10.00am-12.00pm

Contact: Peter Tebutt, Projects Manager

Other Information:

Menz Shed members are also exploring other avenues to help in the community such as painting out graffiti. They also have their own container for storage.

MOTORHOMES ASSOCIATION (EBOP BRANCH)

Description:

The NZMCA is a membership based organisation representing the interests of private motor caravan owners in New Zealand. Members receive benefits including, but not limited to, discounts on services and products, free and low cost overnight sites, a dedicated insurance scheme and a range of handy publications.

Fellowship, camaraderie, and information sharing are also valued attributes. People wanting to join should first contact the Head Office of NZ Motor Caravan Association to be advised of fees and sent application form.

Following acceptance, applicant will be referred to the local contact.

Physical Address: NZ Motor Caravans Association

4 Graham Road

Takanini

Postal Address: PO Box 72147

Papakura 2244

Phone: (09) 298 5466

Fax: (09) 298 5646

Website: www.nzmca.org.nz

Email: enquiries@nzmca.org.nz

Hours: Monday – Friday

8.30am - 4.30pm

Contacts: Graham Goodall: (07) 323 6281

Fees: Refer to H/O for details.

Target Group: All

MOUNTAIN VIEW REST HOME AND RETIREMENT VILLAGE

Description:

Mountain View is a community owned aged care complex managed by the Kawerau Social Services Trust Board. The facility offers range of accommodation and other services, including:

- Full time hospital and rest home care for up to 52 residents
- A 15 cottage independent living, retirement village.
- Pensioner housing comprising 27 rental flats in Waterhouse Street and Porritt Drive
- Dementia unit
- Respite and day care (subsidies may be available).
- Casual meals
- Transport for out of town shopping and medical appointments
- Coordinated activities and social interaction including indoor bowls, petanque, bingo, church services, dancing, guest speakers, day trips and special themed events.

Physical Address: 192 – 202 River Road

Kawerau

Phone: (07) 323 9392

Fax: (07) 323 9391

Website: www.mountainviewkaweraui.co.nz

Email: reception@mountainviewkawerau.co.nz

Hours: Monday – Friday

8.30am - 4.30pm

Contacts: Manager – Jeanette Cook

Fees: Depends on the service provided

Target Group: Elderly people in Kawerau

NATIONAL ASSOCIATION FOR LOSS OR GRIEF (NALAG)

Description:

NALAG is a voluntary, non-profit organisation which focuses on issues related to loss and grief. It is recognised by a wide cross section of the caring professions and interested members of the community. Links are maintained to similar organisations in Australia, Canada, the US, and the UK.

Our Aims

- To encourage and promote professional and community education in the areas of loss and grief.
- To encourage direct assistance in the form of individual counselling and group support to those suffering the effects of loss and grief.
- To encourage investigation, study, and research into the human experience of loss and grief.
- To coordinate grief-related activities at a local level.
- To liaise between related national and local support services.

Postal Address: National Office

44 Toi St

Otaki Beach 5512

Phone: (06) 364 8416

Website: www.nalag.org.nz

Email: nalagsec@gmail.com

Contact: Rachel Robson

(07) 307 8061

rachel.m.r@clear.net.nz

Referral: Self referral

NEIGHBOURHOOD SUPPORT

Description:

Neighbourhood Support aims to make our homes, streets, neighbourhoods and communities safer and more caring places in which to live. Neighbourhood Support New Zealand Incorporated provides support for all neighbourhood and rural support groups throughout New Zealand. Neighbourhood Support Groups enable people to share information, ideas and insights.

A Neighbourhood support group will;

- Encourage neighbours to talk to each other
- Share information that will help reduce the risk and fear of crime
- Help foster a sense of community spirit, where everyone is respected and valued
- Educate and empower neighbours to take responsibility for their own safety
- Identify the needs of neighbours and ways to assist each other
- Identify the strengths and skills of neighbours to contribute to solving local problems
- Minimise burglaries and car crime in the local area
- Reduce graffiti, vandalism, violence and disorder
- Support victims of crime
- Enhance the safety features and appearance of the neighbourhood
- Decide on ways to handle any civil emergencies that may occur
- Know when and how to contact Police, other emergency services or support agencies
- Liaise and co-operate with other community groups

Physical Address: Kawerau Police Station

Contact: Ruth Simpson (Secretary) ph 323 8420

Website: www.ns.org.nz

Email: RuthS@slingshot.co.nz

PACIFIC HEALTH SERVICES

Description: Community mental health services.

Physical Address: Kawerau Heartlands Centre

60 Onslow Street Kawerau 3127

Phone: (07) 323 8608

Fax: (07) 323 8607

Website: www.bop.webhealth.co.nz

Email: kawerau@heartlandservices.govt.nz

Hours: Monday – Friday

8.30am - 4.30pm

Contact:

Costs: Vary depending on service provided

Referral process: Walk in / self referral

PHARMACY - Kawerau Pharmacy

Description: Prescriptions, general pharmaceutical needs and requirements.

Physical Address: Next to New World Supermarket

Tarawera Court

Kawerau

Phone: (07) 323 8989

Fax: (07) 323 8989

Website: ww.kaweraupharmacy.com

Opening Hours: Monday – Friday 8.00am – 5.30pm

Saturday 9.00am – 12.00pm

Closed Sunday

Referral process: Walk in/Self referral for general needs

Doctor's referrals for prescriptions

Services Provided: Blister packs

Free blood glucose screening Free blood pressure screening

Free delivery service

Free uric acid (gout) testing

IHR testing (for warfarin patients)

Loyalty Club

Medicine use reviews (in patient homes)

NZ Post/Kiwibank Passport photos

PHARMACY - K Town Pharmacy

Description: K-Town Pharmacy offers a broad range of specialised products and services at great prices. Our friendly team understands that everyone's needs are different, which is why we offer you personalised and individual service. We give you access to quality advice from our friendly staff, professional expertise from our pharmacists and a wide selection of health care products and medications.

Physical Address: Kawerau Medical Centre

Islington Street

Kawerau

Phone: (07) 323 8859

Fax: (07) 323 8869

Website: http://www.k-townpharmacy.co.nz/

Referral process: Walk in/Self referral for general needs

Doctor's referrals for prescriptions

Services Provided:

Professional and friendly advice

Less clinical, more personalised service

MUR accredited

TMP accredited

Staff have completed the Waikato Pharmacist Association smoking cessation training program.

Stockists of:

- Adorne Jewellery
- Bella Vi make up range and beauty advice
- MOR skin care range
- MOR skin care range

PHARMACY – Tarawera Pharmacy

Description:

Physical Address: Next to Tarawera Medical Centre

106 Onslow Street

Kawerau

Phone: (07) 323 9303

Website: https://www.facebook.com/TaraweraPharmacy/

Opening Hours: 8:00am-5:30pm Monday to Friday

Referral process: Walk in/Self referral for general needs

Doctor's referrals for prescriptions

Services Provided:



PHYSIOTHERAPY – Kawerau Physiotherapy

Description:

Physical therapy (or physiotherapy), is a health care profession primarily concerned with the remediation of impairments and disabilities and the promotion of mobility, functional ability, quality of life and movement potential through examination, evaluation, diagnosis and physical intervention carried out by physiotherapists and physical therapist assistants. In addition to clinical practice, other activities encompassed in the physical therapy profession include research, education, consultation, and administration

Physical Address: 8 Newall Street

Kawerau 3127

Postal Address: P.O. Box 56

Kawerau

Phone: (07) 323 8965

Hours: Monday – Friday

9am – 5pm

Contacts: Craig Pittar

Cost: Depends on service provided

Referral system: Doctors/hospitals/self

Target Group: All

PHYSIOTHERAPY – Tarawera Physiotherapy

Description: Clinic situated within the Tarawera medical centre complex on Onslow Street, inside the Tarawera Pharmacy. Modern physio techniques used to help you strengthen your musculoskeletal system and alleviate pain.

Physical Address: 106 Onslow Street

Kawerau

Phone: (07) 323 9309

Website: <u>www.taraweraphysio.co.nz</u>

Hours: Monday –Thursday 8am – 5pm

Friday 8am – 12pm

Appointments outside these hours by arrangement

Contacts: Physiotherapist Rebecca Avery

Cost: Depends on service provided

Referral system: Doctors/hospitals/self

Target Group: All

Other Services: Massage therapist available two days per week.

PODIATRY - EASTERN BAY PODIATRY

Description:

For information, services and treatments for foot problems such as Warts / Verrucae, Corns, Foot and Ankle Injuries, Plantar, Fasciitis, Heel Pain Arthritis, Blisters, Bunions, Paediatrics, Neuroma, Diabetes, Diabetic Ulcer, Hammer Toe, Pregnancy and the Foot, Flat Foot, Stress Fractures and Nail Problems (including thick/ingrown/fungal).

Physical Address: Tuwharetoa Hauora

8 Ranfurly Court

Kawerau

Postal Address: 10 Domain Road

Whakatane 3120

Phone: (07) 307 2271

Fax: (07) 307 8500

Website: www.easternbaypodiatry.co.nz

Email: info@easternbaypodiatry.co.nz

Hours: Tuesday - Thursday

9am - 3.30pm

Phone for an appointment

Contacts: Jette Dixon

Fees: Depend on service provided

Target Group: All ages

PROBUS

Description:

- Fun and friendship
- Guest speaker and luncheon at each meeting
- Bi-monthly trivial pursuit
- Trips away, both day and overnight.

Physical Address: Meet at Anglican Church

3 Newall Street

Kawerau

Postal Address: Kawerau Probus

42 Fenton Street

Kawerau

Phone: (07) 323 8673

Hours: Meetings 1st Monday of each month

10.00am - 12.00pm

Contacts: Secretary: Mike Godfery (07) 323 8675

President: Pam Rowe (07) 323 4153

Fees: \$12.00 Joining fee + \$12.00 annual membership

Target Group: Over 55

RADIOLOGY - EAST BAY RADIOLOGY

Description:

Bay Radiology has been providing Medical Imaging services to the Bay of Plenty for over 20 years. Providing world class imaging services utilising highly trained and specialised clinical staff is what Bay Radiology is all about.

Our ten radiologists are supported by a team of experienced clinical technicians and well trained administrators. We do not compromise on quality when selecting equipment and supplies. We employ the most skilled and caring professionals available. Ongoing commitment is made to Continuing Medical Education, ensuring our staff are motivated and kept up to date with the latest medical technology and information.

Services provided:

- Bone Density
- CT
- Mammography
- MRI
- Ultrasound
- X-Ray

Physical Address: Concordia House

17 Pyne Street Whakatane 3120

Phone: (07) 308 9913

Fax: (07) 308 9914

Website: www.bayradiology.co.nz

Email: Use the websites 'Contact us' form

Hours: Call to make an appointment

Fees: Depend on service provided

Target Group: All ages

RAUTAHI BEREAVEMENT SOCIETY

Description: Cash assistance for members in time of bereavement.

There is a stand- down period of 6 months for new members, and a scale of payments for recipients depending on length of membership.

Postal Address: PO Box 258

Kawerau

Phone: Lisa Wana 323 8658

Email: rautahibs@clear.net.nz

Contacts: Lisa Wana

Bill Butzbach Carol Piriini

Laurence Boynton

Fees: Joining \$25.00 per Adult

Children come under parent or parents.

About \$8.00 per month after.

Referral system: Contact a committee member

Target Group: Open to all

TE RAUTAHI COMMUNITY MARAE

Description:

Rautahi Marae is an urban marae. A place of meeting for tangihanga, educational, spiritual, cultural and recreational activities.

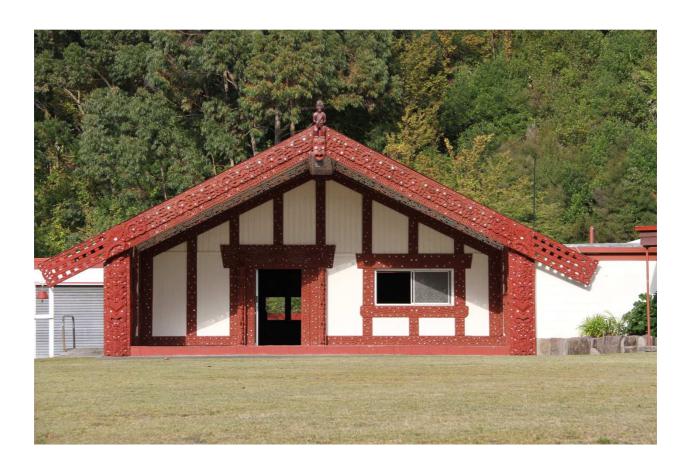
Address: Onslow Street

Kawerau

Phone: Chick Te Ruki – 323 9085

Fees: Are scaled according usage

Target Group: ALL Welcome



RSA

Description:

Social but also look after the welfare needs of returned and ex-service people.

Luncheon meetings every second month. Phone for further meeting information.

Is a branch of the Whakatane RSA

Physical Address: Meeting venue Kawerau Bowling Club

Plunket Street

Kawerau

Postal Address: P.O. Box 5

Kawerau

Phone: Secretary: Zita King (07) 323 8221

Contacts: President: Pat Titshall (07) 323 9004

Fees: \$25 per year – Returned and Service

\$35 per year – Associate Member

Target Group: Returned and ex-servicemen and women

RSA WOMEN'S SECTION

Description:

• Support to Men's RSA

• Welfare support.

Physical Address: Meetings at Bowling Club

Plunket Street

Kawerau

Hours: Meet 2nd Wednesday of the month at 1.30pm

Contacts: Secretary – Zita King 323 8221

Target Group: Relatives of ex-servicemen and veterans mainly.

But all welcome to join.

ROTARY

Description:

- Service club and social activities.
- Community and fundraising
- Meetings every 1st and 3rd Thursday each month at 5.30pm.

Physical Address: Jive Cafe

1 Paora Street

Kawerau

Postal Address: Kawerau Rotary

PO Box 33 Kawerau

Phone: (07) 323 7458

Website: www.kawerau.rotarysouthpacific.org

Contacts: President: Vivienne Rush

Secretary: Brian Faulkner Ass. Governor: Phil Harris

Target Group: All

ROYAL NEW ZEALAND FOUNDATION FOR THE BLIND

Description:

The Royal New Zealand Foundation of the Blind (RNZFB) is New Zealand's main provider of sight loss habilitation and rehabilitation services to over 11,500 New Zealanders who are blind or have low vision.

We equip our members with the adaptive skills, technology and resources they need to overcome the barriers they face to participate fully in society and lead independent lives.

Our vision is to empower and support people who are blind or have low vision to ensure they have the same opportunities and choices as everyone else.

Physical Address: 73 Sixteenth Street

Tauranga South 3112

Postal Address: P.O. Box 15114

Tauranga 3144

Phone: (07) 578 2376

0800 243 333

Fax: (07) 578 8359

Website: www.rnzfb.org.nz

Email: general@rnzfb.org.nz

Target Group: All

SENIOR CITIZENS - Kawerau Senior Citizens Club

Description: Social / Games / Cards

Weekly Tuesday meetings 1.45pm, additional \$2 afternoon tea

Physical Address: Meeting venue: Bert Hamilton Hall

Porritt Drive Kawerau

Postal Address: Kawerau Senior Citizens Club

72 Bell Street Kawerau

Contacts: President: Theo Scheffer (07) 323 8461

Secretary: Tosca Wortel: (07) 323 8907

(07) 323 8483

Fees: \$5.00 per person

Target Group: 55 years +

SENIORS FORUM

Description:

The objective of Kawerau Seniors Forum is that Kawerau is a place where older people want to live, because their needs and interests are taken into account and their participation in the community is valued.

Our vision is to provide incentives for older people to remain involved in Community life, to help other people, interact positively with younger generations and participate in developing relevant policies and plans allowing older people to have good access to available health facilities so that they may continue to enjoy life, to learn new things and to experience personal development.

Meets on the 2nd Thursday of every month, from 3.00pm – 4.00 p.m.

Physical Address: Meet at Council Chambers

Kawerau District Council

Contact: Chairperson: Colin Churchill (07) 323 8917

Secretary: Anita Moore (07) 323 8704

Target Group: Older people living in Kawerau

SENIOR NET

Description:

IT and Computer classes for Seniors. Thursdays $-\,1.30 pm$ - 3.30 pm May be extra charges for special classes.

Physical Address: Computer Suite

Putauaki School

87-89 Fenton Mill Road

Kawerau

Postal Address: Kawerau SeniorNet

P.O. Box 83 Kawerau 3169

Phone: (07) 323 9141

(07) 323 9105

Website: www.seniornet.co.nz

Email: <u>seniornetkawerau1@clear.net.nz</u>

Contacts: John Binnie

Fees: \$20.00 per year

Target Group: 50 years + but flexible

ST JOHN

Description:

Ambulance service and first aid training

IMPORTANT - in an emergency Ring 111 and ask for an Ambulance.

Physical Address: St John Kawerau

37 River Road

Kawerau

Phone: (07) 323 8800

0800 785 646

Website: www.stjohn.org.nz

Hours: 24 Hours

Target Group: All



STROKE SUPPORT

Description: Kawerau Stroke Support no longer exists.

Kawerau Stroke Group is under the banner of the Stroke Foundation. The details below relate to the Rotorua or Whakatane branches of the Stroke Foundation and contact information for the Area Field Officers.

Stroke Support has strong association with DRC (Disabilities Resource Centre), 143 King Street, Whakatane. Phone (07) 307 1447

Address: Community House

1115 Haupapa Street

Rotorua

Phone: (07) 350 1252

0800 787 653

Fax: (07) 349 6122

Website: www.stroke.org.nz

Email: lakeland@stroke.org.nz

Contacts: Co-ordinator:

Sheryl Waters (07) 315 6109

Stroke Foundation Field Officer: Vivienne Witt (07) 349 6022

(021) 962 379

Referral system: Hospital/Doctor/Stroke Foundation

Target Group: Stroke victims

SWIMMING CLUB

Description: Swimming activities, pools and education.

Physical Address: Meet at Maurie Kjar Memorial Swimming Pool Complex

Cnr Plunket and Glasgow Streets

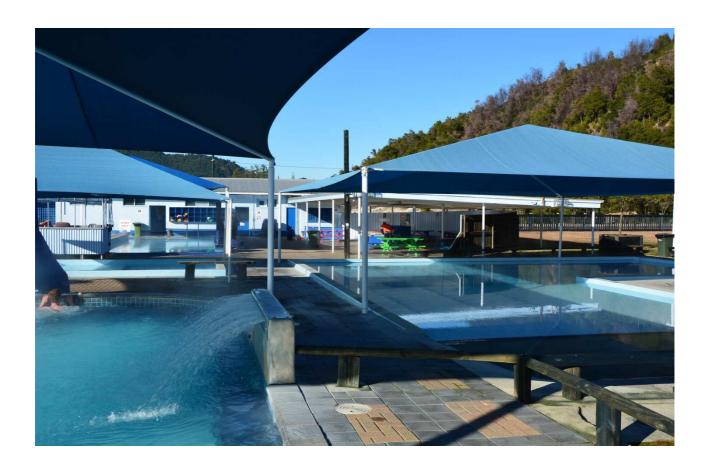
Kawerau

Postal Address: Kawerau Swimming Club

PO Box 207 Kawerau 3169

Contact: President – Sela Kingi

(07) 323 8025



THREE PEAKS (TUWHARETOA) KAUMATUA PROGRAMME

Description:

Working under the Hauora, meetings and socialising with health and other beneficial activities as part of the curriculum.

Physical Address: Enquiries to Tuwharetoa ki Kawerau, Ranfurly Court

premises.

Phone: (07) 323 8027

Hours: Wednesday and Friday

10.00am - 3.00pm

Contacts: Hannabel Savage (Coordinator)

Fay Hunia

Fees: Free

Referral system: Just come along

Target Group: Over 60's with younger if needed

TOI TE ORA – PUBLIC HEALTH

Description:

Toi Te Ora – Public Health service works innovatively and professionally to promote, protect and improve the health of people in our communities.

Their mission is to enable communities to achieve good health and independence and ensure access to high quality services.

Physical Address: Cnr. Stewart and Garaway Streets

Whakatane 3120

Postal Address: P.O Box 241

Whakatane 3158

Phone: (07) 306 0714

Fax: (07) 306 0714

Website: www.bttophs.govt.nz

Email: ttoenquiries@bopdhb.govt.nz

Referral system: All / Self / GP

TUWHARETOA KI KAWERAU HEALTH, EDUCATION AND SOCIAL SERVICES (HAUORA)

Description:

Tuwharetoa Ki Kawerau Health, Education and Social Services provide a range of appropriate accessible and sustainable health, social and educational services that improve the well-being of iwi and the wider community. Tuwharetoa Ki Kawerau Health, Education and Social Services strive to meet the needs of all who reside in the rohe of Kawerau.

Our services include:

- Kaupapa Maori Early Intervention
- Mental Health NASC
- Tamariki Ora/Wellchild
- Antenatal Programme
- Kaumatua Support Services
- GP and Nurse clinic
- Health Promotions
- Whanua Ora Rangatahi
- Family Start programme
- Smoking Cessation Programme.

Physical Address 28/30 Islington Street

Kawerau

Postal Address: P.O Box 262

Kawerau 3169

Phone: (07) 323 8025

(07) 323 8037

Fax: (07) 323 8035

Website: www.bop.webhealth.co.nz

Email: hauora@tuwharetoa.org.nz

Hours: Monday – Friday

8.30am - 4.30pm

Costs: No costs

Referral Process: Self referral

UKULELE CLUB

Description:

The Kawerau Ukulele Club meets at the Kawerau Cosmopolitan Club each week.

Beginners are most welcome to attend and learn.

Bring your own uke or guitar and join us.

Phone: Robyn 323 6281

Cynthia 323 7555

Hours: Meetings are held on Thursday afternoons from 1 - 3 pm

VICTIM SUPPORT

Description:

Victim Support has two main aims:

- To provide information, support and assistance to victims, witnesses, their families and friends, and
- To promote victims' rights through raising public awareness and recognition of the effects of crime.

Services include:

- Crisis and ongoing support
- Advocacy
- Victim support advocates to authorities and decision-makers
- Specialised homicide and suicide support

Postal Address: P.O Box 282

Whakatane

Phone: (07) 308 2330

Get Help - 0800 842 846 Volunteer – 0800 865 868 (025) 609 3861 - Kawerau

Website: <u>www.victimsupport.org.nz</u>

Email: national office@victumsupport.org.nz

Hours: 24 hour emotional support

VISIQUE EYECARE

Description:

Eye testing and prescription of glasses and contact lenses

Contact to make an appointment.

Physical Address: Heartlands

KEA Building 60 Onslow Street

Kawerau

Postal Address: P.O Box 119

Kawerau

Phone: (07) 323 9044

(07) 308 8487

Hours: Wednesdays in Kawerau at Heartlands

8.30am - 2.00pm

Contact: Ian Finch (Whakatane)

Fees: \$60 with Gold Card

\$65 Non-card holders

NOTE: Additional costs subject to eye care

requirements.

Target Group: All ages

WEBHEALTH

Description:

An online regional health and services directory.

Search for doctors, counselling, mental health support, medical services, community events, or current health information.

Webhealth is your link to health and wellbeing information, and our regional health and social services directory is designed to help you, your family/whanau and your community stay well, be strong, and enjoy life!

Website: www.webhealth.co.nz



WOMEN'S INSTITUTE

Description: Fund raising for women, children and women's refuge.

Meetings: Combined meetings held on the 4th Monday of each month with

Edgecumbe Women's Institute.

Postal Address: Kawerau Women's Institute

129 Onslow Street Kawerau 3169

Phone: (07)323 7899 - Evenings Only

Contacts: President – Jenny Asquith

Target Group: Older age group

WORK and INCOME

Description:

Work and Income provides financial assistance and employment services throughout New Zealand. We offer a single point of contact for New Zealanders needing job search support, financial assistance and in-work support.

Work and Income helps people into work and pays income support on behalf of the Government. This includes New Zealand Superannuation and Veteran's Pension payments along with the administration of residential care and support subsidies. Work and Income also administers:

- The Community Services Card
- International Services
- The Enterprising Communities grants programme

Services include:

Benefits, CU workshops, job search workshops to develop job seeking skills, advise entitlements, provide other grants and allowances, emergency grants, working with course providers, work opportunities, provide training incentive allowances for DPB and invalids to up skill, support/recruitment for employers – subsidies and vacancies, stepping stone or backstop for financial assistance – accommodation, Disability allowance, Temporary additional support, child disability, support for hardship, Government Dept part of MSD website for info. To make an appointment, call the 0800 number.

Physical Address: Tarawera Mall

P.O Box 95 Plunket St Kawerau

Phone: 0800 559 009

Monday – Friday: 7am – 6pm

Saturday: 8am – 1pm

0800 552 002 – Senior Services Monday – Friday: 8am – 5pm

Website: www.workandincome.govt.nz

Office Hours: Monday – Friday

8.30am - 5.00pm

Referral process: Walk in/Self referral